what to bring to camp

Help your camp week be distraction-free by keeping these things in mind:

All logos + symbols need to be Christ-honoring. Leave the offensive + vulgar at home. Girls, you're hot without revealing it all! Leave the low cut, tight, skimpy stuff at home. Which means tank tops, yoga pants (can only wear with shorts over them), shorts that reach the tip of middle finger when arms stretched down and one piece swimsuits. Girls + Guys need to wear a shirt when at the lake. This helps *everyone*! Modest is Hottest!

You will need these things:

- O **seasonal, comfy clothes:** summers can be rainy so bring a rain coat; morning/eves can be chilly even in summer so bring a sweatshirt; fall + winter are nippy so...you know!
- O close-toed shoes are required for outdoor activities
- O paintball on the schedule? : long-sleeved shirt + long pants that can get dirty! hello, bunkers!
- O bathroom supplies: shampoo, soap, toothbrush/paste, deodorant, etc
- O **bedding:** twin-sized sheets or a sleeping bag + pillow (a/c + heat in the cabins)
- O towels: bath + swim (if it's summer of course!)
- O medicines: only prescriptions--we have the general stuff if a need arises while you're at camp
- O sun screen: you'll be outside a lot!
- O bug spray: the gnats are bothersome in summer -- make sure the bottle lists gnats or it will be useless
- O water bottle: gotta stay hydrated to keep up with the fun!
- O **flashlight/headlamp:** you're in the woods. no streetlights. night = complete darkness!
- O Bible + pen
- O **spending money:** we have a camp store + concessions available

You will get the most from your time with us if you choose to unplug when you get to camp. Cell phones are better left at home (gasp!) or at least plan to turn them off and stuff in your bag when you arrive. Our guides have alarms to help everyone get up! Also plan to leave the practical jokes, fireworks, firearms, pocket knives, etc at home. Keep tobacco, alcohol + illegal drugs at home too. If you choose to bring them, you're time with us will be short. How sad would that be?! The quiet and "still" might seem impossible for you, but this adventure will bring about a whole new you!

> We look forward to having you. You have been prayed for and we anticipate the personal God meeting with you -- come looking for Him!

Whisper Mountain Camp will see you soon!

WhisperMountain.org